

## THE PASCACK PI-ONEERS

FIRST ROBOTICS TEAM 1676



FOR INSPIRATION AND RECOGNITION OF SCIENCE AND TECHNOLOGY

## **Aromatherapy Saturdays**



The Aromatherapy Tents, or Aroma Domes, provide a space to utilize essential oils in a more contained environment to enhance the ability to heal. Because diffusion distributes essential oil molecules into the air so effectively, the Aroma Dome is an excellent way to maximize the beneficial properties of essential oils. Different essential oils are used in the tent to help relieve stress and anxiety within Team 1676.

The stress of Build Season can sometimes be overwhelming, and incorporating the Aroma Dome into the Wellness Initiative works to reduce this. The Aroma Domes are present on Aromatherapy Saturdays.



**FIRST ROBOTICS TEAM 1676** 



FIRST. FOR INSPIRATION AND RECOGNITION OF SCIENCE AND TECHNOLOGY







